

Study Hall at Home

I can create a habit of completing work or studying – every day.

If you have finished your homework, use this list to strengthen your study skills.

1. **Read.** Read for 30 minutes.
2. **Study your C-Notes.** Look through the Cornell Notes you took today or yesterday. Write down any questions you have in the left side of the notes. Highlight main ideas.
3. **Master your vocabulary words.** Spend 10 minutes reviewing your vocabulary words.
4. **Redo** any assignments that didn't earn a 3 or 4 the first time you turned them in.
5. **Make up** any missing work.
6. **Practice your math facts** if you haven't mastered them yet. Quick! What's 9×6 ?
7. **Become a hero.** Read to a younger sibling.
8. **Take a scientific look!** Make some scientific observations about the world around you.
9. **Talk with your family** about what you've been learning. Show them your assignments and notes. Quiz them to see if they know what you're learning!
10. **Prepare for the next day.** Get your outfit and lunch ready for tomorrow! Make sure you're stocked on supplies. Put your backpack by the door. Are you ready for your elective?
11. **Show PRIDE at home.** Say nice things to your family like,
 - "I appreciate you when _____."
 - "Don't worry about the dishes after tonight. I'll do them."
 - "I just finished cleaning my room. Is there anything else I can do to help out?"

Don't Forget

1. Be in bed by 9:00. The more sleep you get, the smarter and happier you'll feel tomorrow.
2. Eat breakfast at home or at school.
3. Limit your screen time to 1 hour.